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Instructors | real shaolin kung fu

Instructors. about Dr. Paul Lee. 1979 Manual labor in a refugee camp in Malaysia Sifu Shuhan Lin began practice Southern Shaolin kung fu at a very young age.

Shaolin kungfu

Shaolin Kung Fu / Boxing is hard, strong, fast and according to the Chinese is "filled with softness inside." It also is plain and practical with every action, both

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combat skills of Shaolin kung fu weapons: Shaolin kung fu has hundreds of weapons, but monks usually use the phrase '18 weapons'. one who has mastered 18 or so

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